



# Zen & Mind Family Summer Virtual Intermediate Meditation Course

10-Week Course online with Ven. Thich Thien Tri  
Saturday evenings • July 18, 2020 – September 19, 2020  
6:30pm–8:30pm CST (central standard time)

The Intermediate Meditation Course is open to those Zen & Mind Family members at the second level who used to attend or who have not finished yet, or who have completed basic classes at Xavier and Loyola Universities with Zen instructor Thich Thien Tri. Also, anyone who has participated in a 10-day-long retreat are also welcome.

Donation for the course is \$200 (includes text book, syllabus and lessons for each week). Donations may be made via PayPal or check. Please text or email Zen & Mind Family for more information at:

**zenandmindfamily@gmail.com • Call / text: 202-702-2857**



## ABOUT VEN. THICH THIEN TRI

In addition to his work at the Zen & Mind Family Center, he offers mindfulness classes at many different temples across the United States.

He has also taught mindfulness courses, been a guest lecturer, and led workshops at Xavier and Loyola Universities in New Orleans, LA.

